

3-Dimensional Flower

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1. Cut two 5½" circles.
2. Sew right sides together, ¼" from the edge.
3. Trim with pinking shears.
4. Cut a 1½" slit on the "back" of the flower.
5. Turn to the right side and press.
6. Cut out the paper pattern below, removing the shaded areas.
7. Place pattern on "back" of flower and mark using iron-off marking pen.
8. Fold flower in half, "front" side together, from one point to another point directly across the flower.
9. Sew each diamond shape.
10. Open, refold on a different set of points, and sew those two diamonds.
11. Repeat for all diamonds.
12. Press from "back," pressing darts to one side.
13. Cut out one 2½" circle for the center from fabric, and one from lightweight interfacing with fusible web.
14. Sew right sides together, ¼" from the edge.
15. Trim with pinking shears.
16. Cut a ½" slit on the "back" of the center.
17. Turn to the right side and press from RIGHT side on non-stick pressing sheet.
18. Allow to cool; peel off pressing sheet.
19. Sew into the center of the flower using free-motion quilting.

